



POWER TRAINING CAMP 2012

YOU DON'T WANT TO MISS OUT!

THE COACHES

MIKE KRAUSE

- Youth Coach Master
- Michigan State

ANGEL ESCOBEDO

- 4x All American
- 2008 National Champ
- 2010 University World Team member
- 2007 Junior World Team member
- 2010 World Team Trials runner up
- 2010 Ziolkowski international champ
- * 2010 Golden Grand Prix bronze medalist

JON READER

- 2011 National Champ
- 2011 NCAA Champion
- 3X All American
- 3X State Champ
- 2010 University World Team Member

ANDREW WOLF

- Kent State Assistant Coach
- Indiana University

THE POWER SCHEDULE

10:00-11:30

Jon Reader Madness

Break

12:00-1:30

Coach Krause Intensity

Break

1:45-3:15

Angel Escobedo Skills

Break

3:30-4:00

Wolf's 30 Minute Grinder

Break

4:00-4:30

Cool Down and Socialize

**ALL PARTICIPANTS GET A
FREE PAIR OF CRADLE GEAR
WRESTLING SHORTS!**

FEBRUARY 26th, 2012
BRUNSWICK HIGH SCHOOL
 3581 Center Road, Brunswick, Ohio

Early Registration: \$20 sign-up fee
Same Day Registration: \$25 sign-up fee

Any questions about registration?
Email us at Sales@CradleGear.com



CRADLE GEAR®

E: Sales@CradleGear.com P: (330)636-6231 F: (440)212-7037 W: www.CradleGear.com A: P.O. Box 128, Brunswick Hills, OH 44212

REGISTRATION FORM:

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Parent or Guardian: _____

Daytime Telephone: (_____) _____

Email: _____

Date of Birth: _____ **Grade:** _____ **Weight:** _____

USA Wrestling Card #: _____

Early Registration Due:

February 19, 2012

Early Registration: \$20.00

Same Day Registration: \$25.00

Checks Payable to: Cradle Gear

Please mail your registration to:

Cradle Gear, Inc.
P.O. Box 128
Brunswick Hills, OH 44212

Amount Enclosed: _____